

St MARY’S LOCH SAILING CLUB ANNUAL REGATTA
Incorporating the Stewart Brewing RS200 Open Meeting
Enterprise Scottish National Championships
and Mirror Open Meeting

(Part of the Enterprise Scottish Bluebell Traveller Circuit and RS200 Stewart
Brewing Scottish Tour)

29th / 30th August 2026

Organising Authority (OA) – St Mary’s Loch Sailing Club

SAILING INSTRUCTIONS (SIs)

The notation ‘[NP]’ in a rule of the sailing instructions (SIs) means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1

The notation ‘[SP]’ in a rule of the SIs means that the standard penalty for a breach of the rule may be applied by the race committee or technical committee without a hearing. This changes RRS A5.

The notation ‘[DP]’ in a rule in the SIs means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification.

1 RULES

- 1.1** The event is governed by the rules as defined in *The Racing Rules of Sailing* unless changed by these Sailing Instructions.

2 CHANGES TO SAILING INSTRUCTIONS

- 2.1** Any change to the sailing instructions will be posted not less than 30 minutes before the advertised start time of the race or races concerned, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

3 COMMUNICATIONS WITH COMPETITORS

- 3.1** Notices to competitors will be posted on the official notice board located outside the main door of the clubhouse
- 3.2** Communication with the race office shall be via the registration desk located at the entrance to the clubhouse.



- 3.3 [DP] From the first warning signal until the end of the last race of the day, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

4 CODE OF CONDUCT

- 4.1 [DP] Competitors and support persons shall comply with reasonable requests from race officials.

5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed at the Clubhouse flagpole.
- 5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 15 minutes' in Race Signals AP.
- 5.3 [DP] Flag D displayed ashore with one sound means the warning signal will be made not less than 30 minutes after flag D is displayed. All boats shall not launch until this signal has been made.

6 SCHEDULE OF RACES

- | | | | |
|-----|----------|--------|---------------------------|
| 6.1 | Saturday | Race 1 | first warning signal 1255 |
| | | Race 2 | asap after race 1 |
| | | Race 3 | asap after race 2 |
| | Sunday | Race 4 | first warning signal 1025 |
| | | Race 5 | asap after race 4 |
- 6.2 One extra race per day may be sailed, provided that no class becomes more than one race ahead of schedule and the change is made according to SI 2.1.
- 6.3 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least one minute before the first warning signal in a sequence is made.

7 CLASS FLAGS

- 7.1 The class flags are:
- | | |
|------------|--------------|
| RS200 | Flag "RS200" |
| Enterprise | Flag E |
| Mirror | Flag M |

8 RACING AREA

- 8.1 SI Addendum 1 shows the location of the racing area(s).

9 COURSES



- 9.1** The diagrams in SI Addendum 2 show the course, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.
- 9.2** No later than the warning signal, the race committee signal vessel will display the course to be sailed. This will be displayed as a blue numeral on a white background on the rear of the committee boat.
- 9.3** If the direction marks are to be passed is to be reversed a green flag will be flown from the committee boat mast at the time the course is advertised (See SI 9.2).
- 9.4** All boats must go through the finish line on each leg from mark 4 to mark 1. Boats must not pass through the finish line on any other leg of the course.
- 9.5** The Race Committee may choose to set a course (not in Addendum 2) using existing club race marks. If this is to be done, the letters of the marks to be rounded will be displayed on a board on the rear of the committee boat. The colour of the letter will indicate the direction of rounding (red for port, green for starboard). Positions of club marks are shown in Addendum 3.
- 10 MARKS**
- 10.1** Marks are inflatable cylindrical marks or existing club race marks (spherical buoys).
- 10.2** A pink spherical spreader mark may be used near mark 1 to separate the boats approaching mark 1 from those leaving mark 1. The spreader mark should be rounded on the same side as all the other marks of the course.
- 11 OBSTRUCTIONS**
- 11.1** A sculpture, which includes a number of metal floats, has been placed on the East shore of the loch opposite the mouth of the Megget Water. Its outer end is marked by a yellow buoy: boats must not pass between this and the shore.
- 12 THE START**
- 12.1** Races will be started using RRS 26.
- 12.2** The RS200s start will be first. The start signal for the RS200s will also be the warning signal for the Enterprises. The start signal for the Enterprises will also be the warning signal for the Mirrors. Any fleet subject to a general recall will move to the end of the starting queue.
- 12.3** The starting line will be between the mast of the committee boat and a green outer distance mark. An inner limit mark may be laid near the committee boat; boats may not pass between this and the committee boat.
- 12.4** [DP] Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.



- 12.5** A boat that does not start within ten minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.

13 CHANGE OF THE NEXT LEG OF THE COURSE

Not used

14 THE FINISH

- 14.1** The finishing line is between the mast of the committee boat and the green outer buoy. All boats must go through the finish line on each leg of the course from mark 4 to mark 1.
- 14.2** Boats shall continue to sail the course until the committee boat displays flag S. When flag S is displayed at the committee boat all boats shall finish when the boat next crosses the finish line (See SI 9.4). When flag S is displayed with a class flag, the instruction will apply to boats in that class only.

15 PENALTY SYSTEM

- 15.1** The Scoring Penalty, RRS 44.3, shall not apply.

16 TIME LIMITS

- 16.1** The Mark 1 Time Limit, Race Time Limit (see RRS 35), and the Finishing Window are shown in the table below.

Mark 1 Time Limit	Race Time Limit	Finishing Window
45 minutes	90 minutes	30 minutes

- 16.2** If no boat has passed the first mark within the Mark 1 Time Limit, the race will be abandoned.
- 16.3** The Finishing Window is the time for boats to finish after the first boat in its class sails the course. Boats failing to sail the course within the Finishing Window, will be scored Did Not Finish (DNF) without a hearing. This changes RRS 35, A5.1, and A5.2.

17 HEARING REQUESTS

- 17.1** The protest time limit is 30 minutes after the last boat in that class finishes the last race of the day or the race committee signals no more racing today, whichever is later. The time will be posted on the official notice board.
- 17.2** Hearing request forms are available from the race office in the clubhouse.
- 17.3** Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings



will be held in the protest room, located at the clubhouse beginning at the time posted.

- 17.4** A list of boats that have been penalized for breaking RRS 42 under Appendix P will be posted.

18 SCORING

- 18.1** The scoring system in RRS Appendix A will apply.

Note: No handicapping will be applied to the Mirror class (e.g. for single handed / double handed, spinnaker / no spinnaker or gaff / bermuda rig)

- 18.2** Two races are required to be scored to constitute a series.

- 18.3** (a) When fewer than four races have been completed, a boat's series score is the total of her race scores.

(b) When four or more races have been completed, a boat's series score is the total of her race scores excluding her worst score.

19 SAFETY REGULATIONS

- 19.1** [DP] A boat that retires from a race shall sign the retiral sheet on the official noticeboard as soon as possible after coming ashore and no later than 30 minutes after the end of the last race of the day

- 19.2** All boats leaving the race area during the race schedule shall, where possible, make a safety boat or the committee boat aware they are leaving before heading for the shore.

- 19.3** It is a condition of entry that a competitor shall comply with the instructions of safety boat crews, whose priority is to help competitors in distress or danger before retrieving boats.

20 REPLACEMENT OF CREW OR EQUIPMENT

- 20.1** [DP] Substitution of competitors is not allowed without prior written approval of the race committee.

- 20.2** Substitution of damaged or lost equipment is allowed

21 EQUIPMENT AND MEASUREMENT CHECKS

- 21.1** A boat or equipment may be inspected at any time for compliance with the class rules, notice of race and sailing instructions.

- 21.2** [DP] When instructed by a race official on the water, a boat shall proceed to a designated area for inspection.

22-23 RESERVED (NOT APPLICABLE FOR THIS EVENT)



24 [DP] SUPPORT TEAMS

- 24.1** Team leaders, coaches and other support persons shall stay outside areas where boats are racing from the time of the preparatory signal for the first start until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment.

25-28 RESERVED (NOT APPLICABLE FOR THIS EVENT)

29 PRIZES

- 29.1** Prizes will be given to at least the top 10% in each fleet

30 RISK STATEMENT

- 30.1** Rule 3 of the Racing Rules of Sailing states: ‘The responsibility for a boat's decision to participate in a race or to continue racing is hers alone.’ Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:
1. They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
 2. They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
 3. They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
 4. Their boat is in good order, equipped to sail in the event and they are fit to participate;
 5. The provision of a race management team, patrol boats and other officials and volunteers by the event organizer does not relieve them of their own responsibilities;
 6. The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;
 7. It is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules and information produced for the venue or event and to attend any safety briefing held for the event.

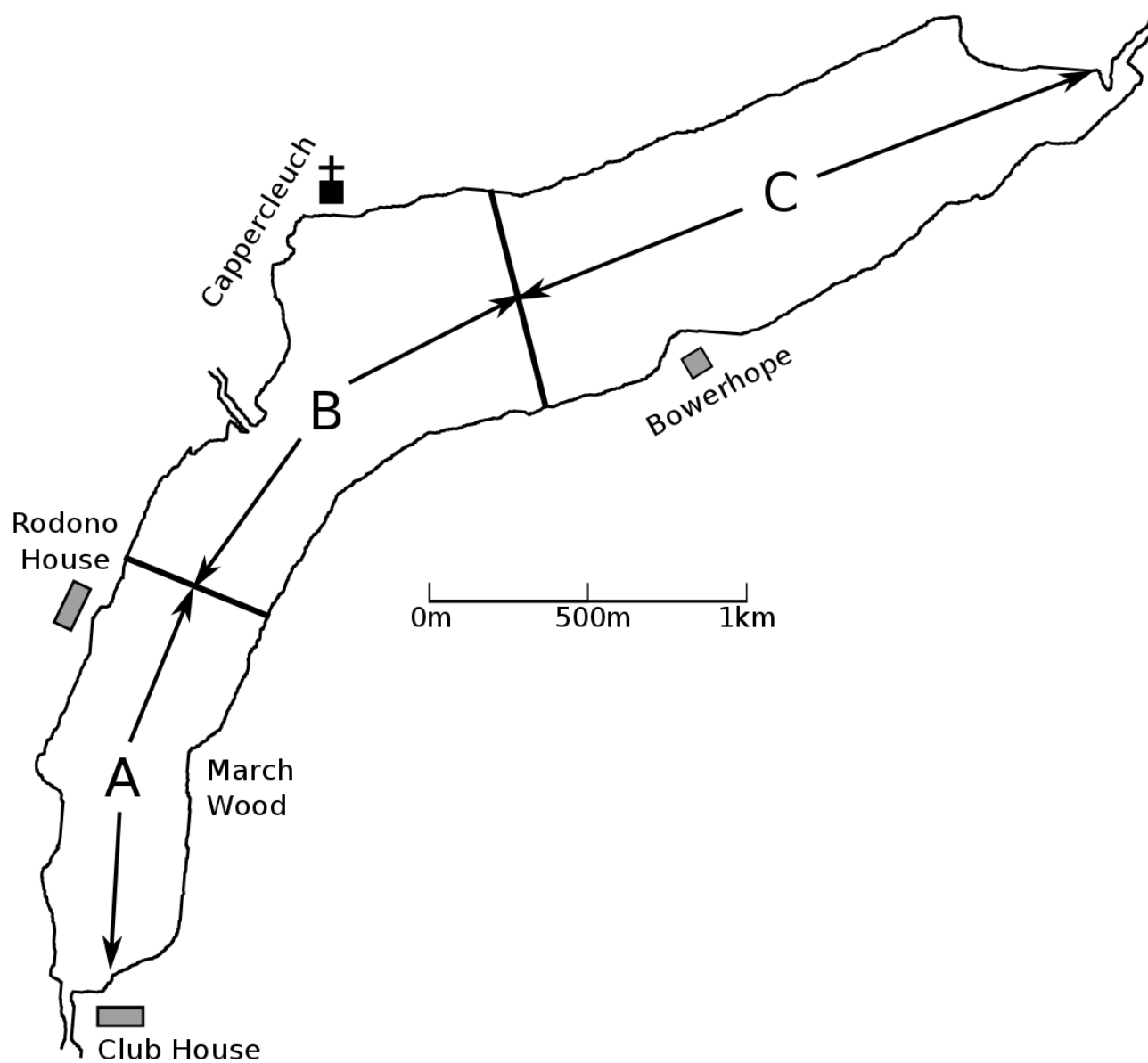
31 INSURANCE

- 31.1** Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of GBP3,000,000 per incident or the equivalent.



Addendum 1

Racing areas



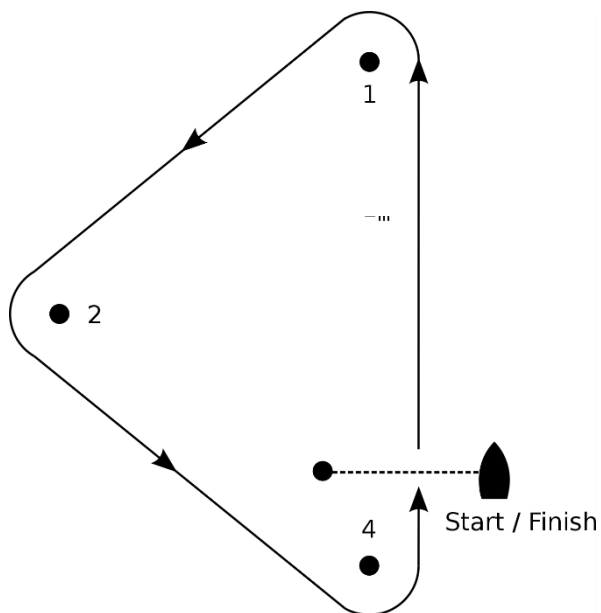
Addendum 2

COURSE CHARTS

Shown here are diagrams of course shapes. All marks to be rounded as shown

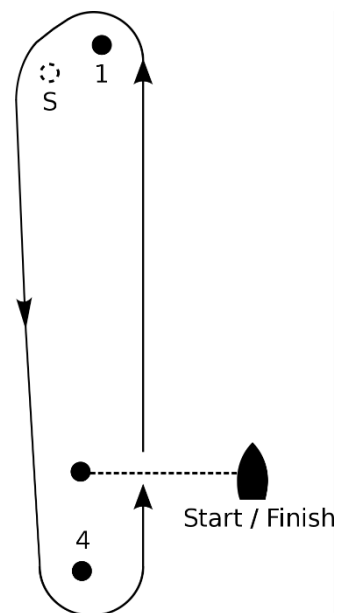
Course 1 – 'Triangle'

Start, 1_P, 2_P, 4_P, Finish, 1_P... to be repeated until Flag 'S' is used to indicate end of race



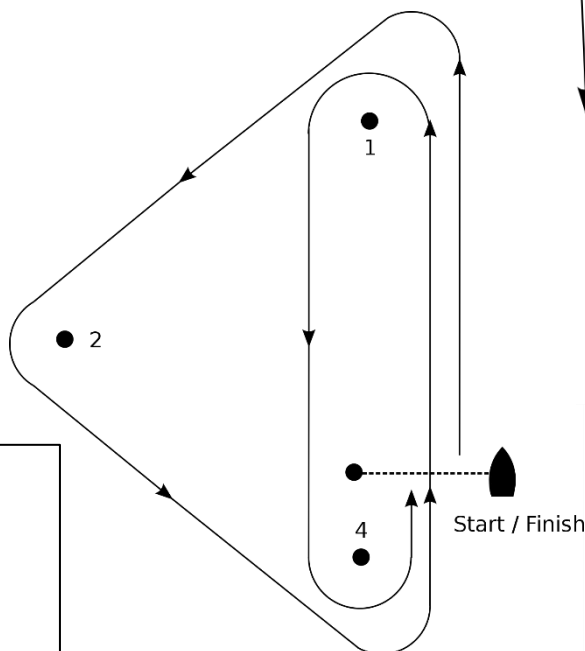
Course 3 – 'Sausage'

Start, 1_P, (S_P), 4_P, Finish, 1_P... to be repeated until Flag 'S' is used to indicate end of race



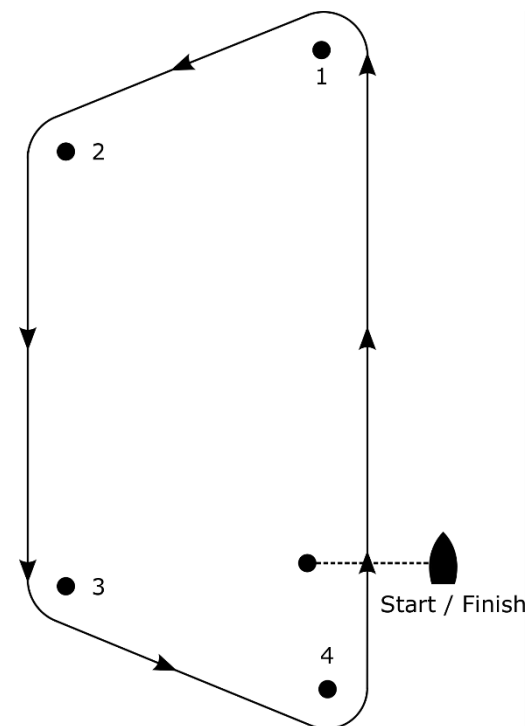
Course 2 – 'Triangle, Sausage'

Start, 1_P, 2_P, 4_P, Finish, 1_P, 4_P, Finish, 1_P... to be repeated until Flag 'S' is used to indicate end of race



Course 4 – 'Trapezoid'

Start, 1_P, 2_P, 3_P, 4_P, Finish, 1_P... to be repeated until Flag 'S' is used to indicate end of race



List of Marks

1, 2, 3, 4 - Yellow Inflatable Marks

S (Spreader Mark) – Pink Spherical Mark (If Used)

Start / Finish Outer Distance Mark - Green Spherical Mark

nb Courses are for illustration purposes, committee boat may be anchored anywhere along leg 4 – 1.



COURSE CHARTS – CLUB MARKS

