



Junior Regatta for Optimist's, Topper's and RS Feva's



St Mary's Loch Sailing Club

27th – 28th April 2024

SAILING INSTRUCTIONS

The organising Authority is St Mary's Loch SC

1. RULES

1.1. The Event is governed by the rules as defined in The Racing Rules of Sailing 2021-24, unless changed by the Sailing Instructions.

2. NOTICE TO COMPETITORS

2.1. Notices will be posted on the Official Noticeboard, located outside the main door to the clubhouse.

3. CHANGES TO SAILING INSTRUCTIONS

3.1. Any change to the sailing Instructions shall be posted not less than 30 minutes before the advertised start time of the race or races concerned.

4. SIGNALS MADE ASHORE

4.1. Signals made ashore will be displayed at the clubhouse flag pole.

4.2. When AP is displayed ashore, 1 minute is replaced by "not less than 15 minutes" in the race signal AP. This changes RRS Race Signals.

4.3. Flag Y will not be displayed – adequate buoyancy must be worn at all times when afloat. Wetsuits or Drysuits are not considered adequate personal buoyancy. This changes RRS 40.

5. SCHEDULE

5.1. A briefing will be held at the clubhouse at 11:30hr on Saturday 27th April 2024.

5.2. Up to 9 races will be held over two days as detailed below

| Day | Date | Time of First Warning Signal | Maximum Number of Races |
|----------|-----------------------------|------------------------------|-------------------------|
| Saturday | 27 th April 2024 | 12:25hr | 5 |
| Sunday | 28 th April 2024 | 10:25hr | 4 |

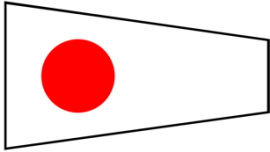
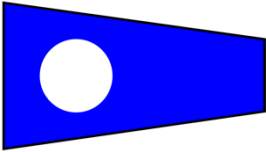
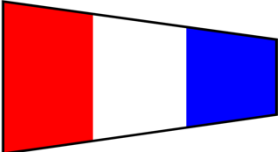
5.3. No warning signal will be made after 16:30hr on Saturday 27th April 2024 and 16:00hr on Sunday 28th April 2024.

5.4. Prizegiving for all fleets will be held after racing on Sunday 28th April 2024.

6. CLASSES/FLAGS

6.1. There will be three class starts – RS Fevas, Toppers and Optimists.

6.2. The class flags are assigned to each fleet as defined below:

| Fleet 1: RS Feva | Fleet 2: Topper | Fleet 3: Optimist |
|---|---|--|
|  |  |  |
| Numeral Pennant 1 | Numeral Pennant 2 | Numeral Pennant 3 |

- 6.3. If conditions allow, regatta Fleet sailors will start in their relevant class of main fleet boats.
- 6.4. Regatta Fleet sailors will be identified to the coach boat by ribbons tied onto the boom.
- 6.5. At the discretion of the race officer and coaching team, the regatta fleet may race on a separate course. If this is the case, it will be announced at the briefing and the course details will be posted on the noticeboard.

7. RACING AREA

- 7.1. The racing area, on St Marys Loch, will be indicated at the Competitor Briefing.

8. RACE MARKS

- 8.1. Marks of the course will be large orange or yellow cylindrical marks, or existing fixed club spherical marks.
- 8.2. A pink spherical “spreader” mark (depicted in the course diagrams as S_M - for the topper and optimist fleet; and S_F - for the Feva fleet) may be placed near to the windward mark to separate windward and leeward boats. If in place it is to be treated as part of course and must be correctly rounded as per the course diagrams.

9. OBSTRUCTIONS

- 9.1. Moored boats at the South-East corner of the loch.
- 9.2. A sculpture with up to 4 metal floats close to the East shore opposite the mouth of Megget Water. Its outer end is marked by a yellow buoy. No boat shall sail between the yellow buoy and the sculpture.

10. COURSE

- 10.1. The RS Feva Class will sail a “Windward – Leeward” course as depicted in Appendix A. The diagram indicates the order and direction in which the marks are to be passed. The diagrams do not accurately indicate the angle or distance between legs.
(Note, Marks 1_M , 2_M , S_M – are all marks used by the Topper and Optimist. These are not marks of the course for the Feva class and can be passed either side)
- 10.2. Diagrams for possible courses for the Topper and Optimist classes are detailed in Appendix B. The diagrams indicate the order and direction in which the marks are to be passed. The diagrams do not accurately indicate the angle or distance between legs.
- 10.3. The number of the course to be sailed by the Topper and Optimist fleet will be displayed on the committee boat using black letters on a white background.
- 10.4. All marks are to be rounded as shown in Appendix A or B (port rounding), unless otherwise indicated by a green flag flown from the mast of the committee boat, in which case marks will be rounded on the opposite hand (starboard rounding). This rule applies to all classes.
- 10.5. Alternatively, the race committee may decide to use existing club race marks. In this eventuality this will be displayed on the noticeboard and sailors will be notified at briefing. Appendix C shows position of these marks.

11. THE START

- 11.1. Races will be started using RRS 26, the warning signal will be made five (5) minutes before the starting signal. (i.e. the starting sequence in minutes will be 5 – 4 – 1 – GO)
- 11.2. Class starts will be at 5 minute intervals i.e. the start for the first class, will be the 5-minute warning for the next class, etc.

- 11.3. Timings are to be taken from the visual signals. The absence of a sound signal should be disregarded.
- 11.4. The start line shall be between the **mast** of the committee boat and a green outer distance mark. An inner distance buoy may be laid close to the committee boat. Boats must not pass between this buoy and the committee boat.
- 11.5. Boats whose warning signals have not been made shall avoid the start area.
- 11.6. RRS 30.3 (U Flag) or RRS 30.4 (Black Flag) may be used in any start sequence at the discretion of the race officer.
- 11.7. In the event of a general recall, the First Substitute will be lowered one (1) minute after the recalled fleet's start signal. The new warning signal will be at least one (1) minute thereafter.
- 11.8. A boat which does not start within 4 minutes of her starting signal shall be scored DNS. This changes RRS A4 and A5

12. THE FINISH

- 12.1. The finish shall be between the **main** mast of the committee boat and a pink outer buoy.
- 12.2. When S flag is displayed boats shall finish at the end of their current round (e.g. after passing mark 3 shall sail through the finish line). If S flag is displayed with a class flag, the instruction only applies to that class.
- 12.3. Boats who have finished shall keep clear of the course and the finish line.
- 12.4. After the first boat has finished the race committee may finish other boats at their current position on the course with the W- flag.

13. RACE TIME LIMITS

- 13.1. Time limit for each race is 60 minutes.
- 13.2. Boats failing to finish within the finish time shall be scored DNF.

14. PENALTIES

- 14.1. RRS 44.1 is changed so that the Two-Turns penalty is replaced by a One-Turn Penalty, one tack and one gybe.
- 14.2. A competitor registered in the regatta fleet will not be penalised for receiving outside assistance from a coach. This is a modification to RRS 41 for applicable sailors.

15. HEARING REQUEST

- 15.1. Boats intending to protest shall inform the committee boat upon finishing a race.
- 15.2. Protest / advisory hearing forms shall be available at the clubhouse.
- 15.3. Protest time limit is 30 minutes after the race officer has returned to shore. The time limit will be displayed on the Official Notice Board.
- 15.4. Notices will be posted no later than 15 minutes after the protest time limit to inform competitors of hearings and the whereabouts in which they are parties or named as witnesses.
- 15.5. Notices of protests by the race committee or the protest committee will be posted to inform boats under RRS 61.1(b).

16. SCORING

- 16.1. One completed race is required for a result for the event.
- 16.2. The scoring system is the Low Point System per rule A4.
- 16.3. A boat's score shall be the sum of her race scores excluding her worst race scores as follows:

| Number of Races Completed (Inclusive) | Discards |
|--|----------|
| 0 to 3 | 0 |
| 4 to 6 | 1 |
| 7 to 9 | 2 |

- 16.4. Rule A5.3 shall apply.

17. SAFETY

- 17.1. Personal floatation devices must be worn at all times when afloat. (See SI 4.3)

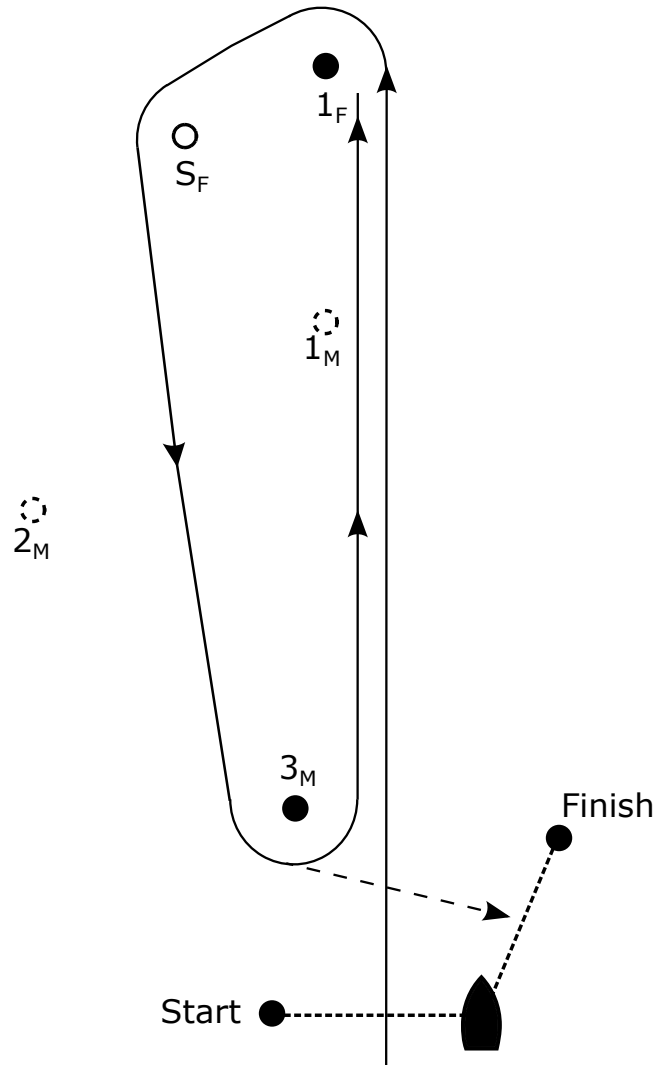
- 17.2. A boat that retires shall sign the retirements sheet on the official notice board as soon as possible after coming ashore and no later than 30 minutes after the end of the last race of the day.
- 17.3. All boats leaving the race area during the race schedule shall make a patrol boat or the committee boat aware they are leaving before heading for the shore.
- 17.4. It is a condition of entry that a competitor shall comply with the instructions of patrol boat crews, whose priority is to help competitors in distress or danger before retrieving boats.
- 17.5. Boats can be subject to a safety inspection at any time.

18. RISK STATEMENT

- 18.1. Rule 3 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."
- 18.2. Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:
 - 18.2.1. They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event.
 - 18.2.2. They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore.
 - 18.2.3. They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions.
 - 18.2.4. Their boat is in good order, equipped to sail in the event and they are fit to participate.
 - 18.2.5. The provision of a race management team, patrol boats if any and other officials and volunteers by the event organiser does not relieve them of their own responsibilities.
 - 18.2.6. The provision of patrol boat cover if any is limited to such assistance, particularly in extreme weather conditions, as can practically be provided in the circumstances.
 - 18.2.7. It is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules or information produced for the venue or event and to attend any competitor briefing held for the event.

19. INSURANCE

- 19.1. All boats must have valid 3rd party insurance of at least £3,000,000

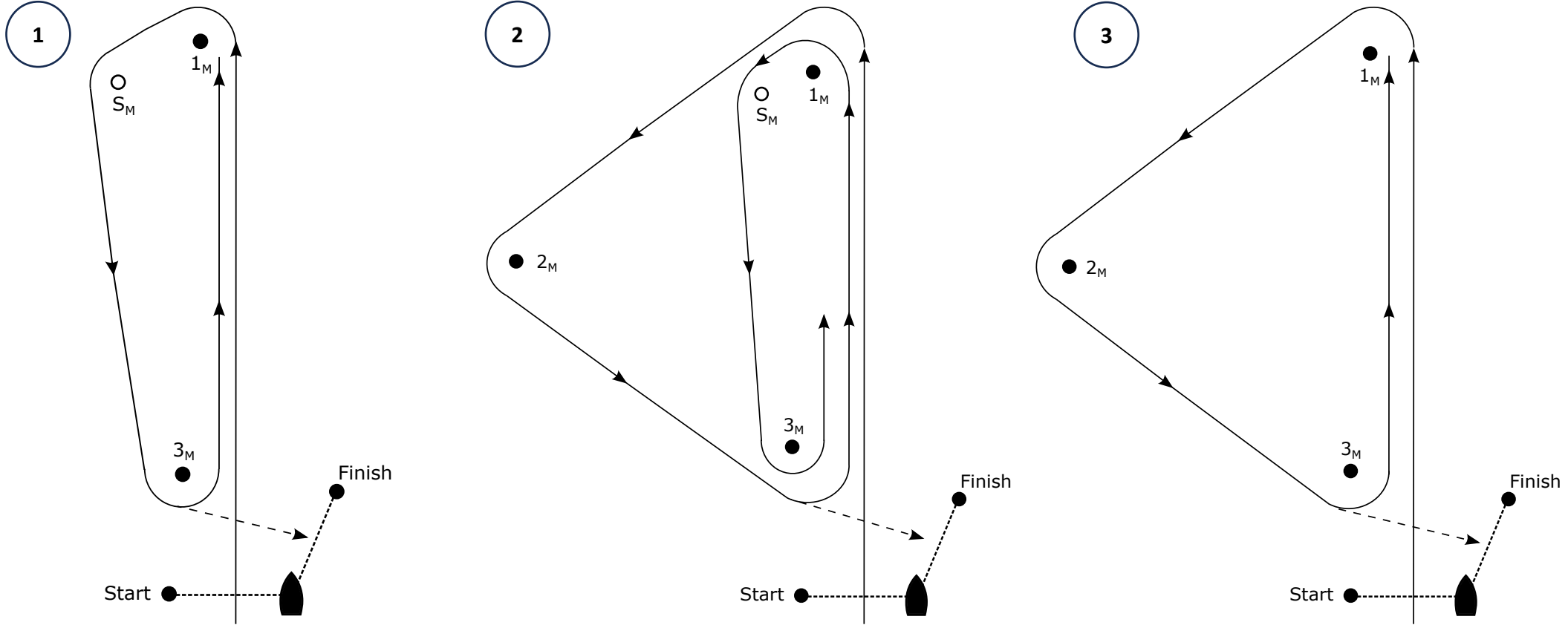


RS Feva Course (Windward – Leeward)

Start – 1_F – (S_F) – 3_M –
 1_F – (S_F) – 3_M –
 1_F – (S_F) – 3_M – Finish

(All Marks Rounded to Port – Unless Signalled Otherwise – See SI 10.4)

Note, Marks 1_M, 2_M, S_M – are all marks used by the Topper and Optimist. These are not marks of the course for the Feva class and can be passed either side



Course 1: (Windward – Leeward)

Start – 1_M – (S_M) – 3_M –
 1_M – (S_M) – 3_M –
 1_M – (S_M) – 3_M – Finish

(All Marks Rounded to Port – Unless Signalled Otherwise
 – See SI 10.4)

Course 2: (“Olympic”: Triangle - Sausage)

Start – 1_M – 2_M – 3_M –
 1_M – (S_M) – 3_M –
 1_M – 2_M – 3_M – Finish

(All Marks Rounded to Port – Unless Signalled Otherwise
 – See SI 10.4)

Course 3: (Triangle)

Start – 1_M – 2_M – 3_M –
 1_M – 2_M – 3_M –
 1_M – 2_M – 3_M – Finish

(All Marks Rounded to Port – Unless Signalled Otherwise
 – See SI 10.4)