



Scottish Optimist and Topper Junior Traveller

St Mary's Loch Sailing Club

21-22 May 2022

SAILING INSTRUCTIONS

The organising Authority is St Mary's Loch SC

1. RULES

1.1. The Event is governed by the rules as defined in The Racing Rules of Sailing 2021-24, unless changed by the Sailing Instructions.

2. NOTICE TO COMPETITORS

2.1. Notices will be posted on the Official Noticeboard, located outside the main door to the Clubhouse.

3. CHANGES TO SAILING INSTRUCTIONS

3.1. Any change to the sailing Instructions shall be posted not less than 30 minutes before the advertised start time of the race or races concerned.

4. SIGNALS MADE ASHORE

4.1. Signals made ashore will be displayed at the Clubhouse flag pole.

4.2. When AP is displayed ashore, 1 minute is replaced by "not less than 15 minutes" in the race signal AP.

5. SCHEDULE

5.1. A competitor briefing will be held at the clubhouse at 1130h on Saturday 21 May.

5.2. Up to 5 races are planned on Saturday 21 May and up to 4 on Sunday 22 May.

5.3. The first warning signal is scheduled for 1255h Saturday 21 May and for 1025h Sunday 22 May

5.4. No warning signal will be made after 1630h on Saturday 21 May and 1400h on Sunday 22 May.

6. CLASSES/FLAGS

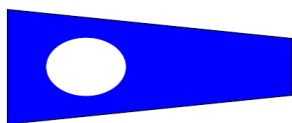
6.1. There will be two class starts – Toppers and Optimists.

6.2. The flag for the Topper class will be pennant 2

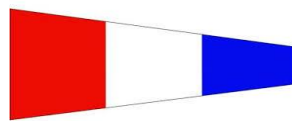
6.3. The flag for the Optimist class will be pennant 3

6.4. Topper and Optimist Regatta Fleet sailors will start in their relevant class with Main fleet boats.

6.5. Regatta Fleet sailors will be identified to the coach boat by ribbons tied onto the boom.



Pennant 2 Toppers



Pennant 3 Optimist

7. RACING AREA

7.1. The racing area, on St Marys Loch, will be indicated at the Competitor Briefing.

8. RACE MARKS

- 8.1. Marks of the course will be large yellow cylindrical marks, or existing club orange spherical race marks.
- 8.2. A pink spherical "spreader" mark may be placed near to the windward mark to separate windward and leeward boats. If in place it is to be treated as part of course and must be correctly rounded as per the course diagrams.

9. OBSTRUCTIONS

- 9.1. Moored boats at the South-East corner of the loch.
- 9.2. A sculpture with up to 4 metal floats close to the East shore opposite the mouth of Megget Water. Its outer end is marked by a yellow buoy.

10. COURSE

- 10.1. If one of the pre-defined courses is used, the course number will be displayed on the Committee Boat.
- 10.2. Diagrams for possible courses are detailed in Appendix A. The diagrams indicate the order in which the marks are passed. The diagrams do not accurately indicate the angle or distance between legs.
- 10.3. All boats **must** go through the finish line on all legs between mark 4 and mark 1. Boats must **not** pass through the finish line on any other leg of the course.
- 10.4. Alternatively, the race committee may decide to use existing club race marks. Competitors will be notified at the Briefing, and the course will be displayed on the Noticeboard.

11. THE START

- 11.1. Races shall be started using RRS 26, warning signal made at 5 minutes before the scheduled start.
- 11.2. The class starts will be at 5 minute intervals i.e. the start for the Topper fleet will be the 5-minute warning for the Optimist fleet.
- 11.3. Timings are to be taken from the visual signals. The absence of a sound signal should be disregarded.
- 11.4. The start line shall be between the **main mast** of the Committee Boat and a green outer distance mark. An inner distance buoy may be laid close to the Committee Boat. Boats must not pass between this inner distance mark and the Committee Boat.
- 11.5. Boats whose warning signals have not been made shall avoid the start area.
- 11.6. RRS 30.3 U Flag or RRS 30.4 Black Flag may be used in any start sequence at the discretion of race officer.
- 11.7. In the event of a general recall, First Substitute will be lowered after 1 minute and the new warning signal will be at least 1 minute thereafter.
- 11.8. A boat which does not start within 4 minutes of her starting signal shall be scored DNS. This changes RRS A4 and A5

12. THE FINISH

- 12.1. The finish shall be between the mizzen (rear) mast of the committee boat and the green outer buoy.
- 12.2. When S flag is displayed boats shall finish at the end of their current round. If S flag is displayed with a class flag, the instruction only applies to that class.
- 12.3. Boats who have finished shall keep clear of the course and the finish line.
- 12.4. After the first boat has finished the race committee may finish other boats in their current position on the course with the W- flag.

13. RACE TIME LIMITS

- 13.1. Time limit for each race is 60 minutes.
- 13.2. Boats failing to finish within the finish time shall be scored DNF.

14. PENALTIES

- 14.1. RRS 44.1 is changed so that the Two-Turns penalty is replaced by a One-Turn Penalty, one tack and one gybe.

15. HEARING REQUEST

- 15.1. Boats intending to protest shall inform the committee boat upon finishing a race.
- 15.2. Protest / advisory hearing forms shall be available at the Clubhouse.
- 15.3. Protest time limit is 30 minutes after the race officer has returned to shore. The time limit will be displayed on the Official Notice Board.
- 15.4. Notices will be posted no later than 15 minutes after the protest time limit to inform competitors of hearings and the whereabouts in which they are parties or named as witnesses.
- 15.5. Notices of protests by the RC or PC will be posted to inform boats under RRS 61.1(b).
- 15.6. A list of boats that, under SI 11, have been disqualified by the protest committee will be posted before the protest time limit.

16. SCORING

- 16.1. One completed race is required for a result for the event.
- 16.2. The scoring system is the Low Point System per rule A4.
- 16.3. Where fewer than 4 races are completed, a boat's score is the sum of her race scores. Where 4-6 races are completed a boat's score is the sum of her race scores, excluding her worst score. Where greater than 6 races are completed a Boat's score is the sum of her scores, excluding her two worst scores.
- 16.4. Rule A5.3 shall apply.

17. SAFETY

- 17.1. Y flag will not be displayed. Personal floatation devices must be worn at all times when afloat. Wetsuits or drysuits are not considered adequate personal buoyancy, this changes RRS 40.
- 17.2. The tally system to check-out and back in sailors will be controlled from the beach area. Tally bands should be worn on the wrist. Tally bands should be returned immediately on coming ashore.
- 17.3. All boats must adhere to the instructions of the safety crew at all times.
- 17.4. Boats can be subject to a safety inspection at any time.

18. RISK STATEMENT

- 18.1. Rule 3 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."
- 18.2. Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:
 - 18.2.1. They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event.
 - 18.2.2. They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore.
 - 18.2.3. They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions.
 - 18.2.4. Their boat is in good order, equipped to sail in the event and they are fit to participate.
 - 18.2.5. The provision of a race management team, patrol boats if any and other officials and volunteers by the event organiser does not relieve them of their own responsibilities.
 - 18.2.6. The provision of patrol boat cover if any is limited to such assistance, particularly in extreme weather conditions, as can practically be provided in the circumstances.
 - 18.2.7. It is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules or information produced for the venue or event and to attend any competitor briefing held for the event.

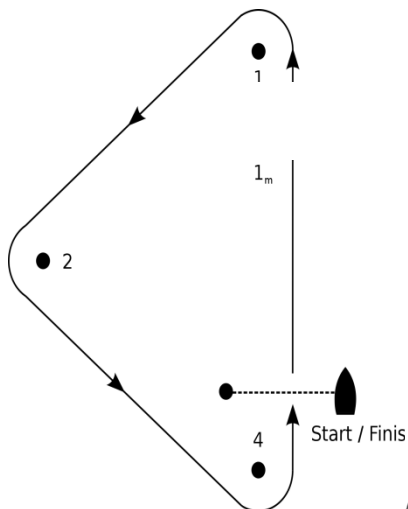
19. INSURANCE

- 19.1. All boats must have valid 3rd party insurance of at least £3,000,000.

**APPENDIX A
COURSE DIAGRAMS**

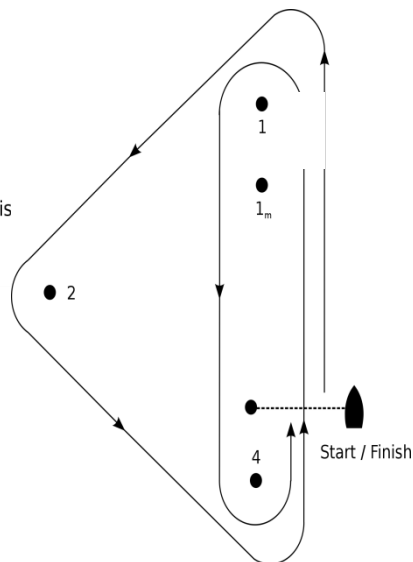
Course 1 – ‘Triangle’

Start, 1_p, 2_p, 4_p, Finish, 1_p...
to be repeated until Flag
'S' is used to indicate end
of race



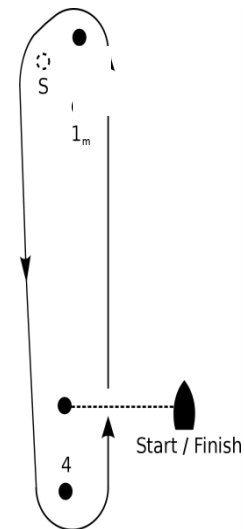
Course 2 – ‘Olympic’

Start, 1_p, 2_p, 4_p, Finish, 1_p,
4_p, Finish, 1_p... to be
repeated until Flag 'S' is
used to indicate end of
race



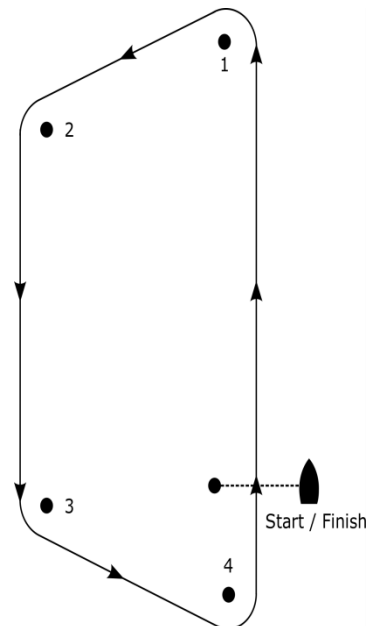
**Course 3 –
‘Sausage’**

Start, 1_p, (S_p), 4_p, Finish,
1_p... to be repeated until
Flag 'S' is used to
indicate end of race



Course 4 – ‘Trapezoid’

Start, 1_p, 2_p, 3_p, 4_p, Finish,
1_p... to be repeated until
Flag 'S' is used to indicate
end of race



List of Marks

- 1, 2, 3, 4 - Yellow Inflatable Marks
- S (Spreader Mark) – Pink Spherical Mark (If Used)
- Start / Finish Outer Distance Mark - Green Spherical Mark

nb Courses are for illustration purposes,
committee boat may be anchored anywhere
along leg 4 – 1.

**APPENDIX B
CLUB RACING MARKS**

